

# Dave's Corn and Black Bean Salsa

/DVP

1/25/2013

- 1 small onion
- 1 garlic clove
- 2 (15 oz.) cans black beans
- 1 (15 oz.) can pinto or red kidney beans
- 2 cups frozen corn
- $\frac{1}{2}$  bell pepper
- 4 tbl Italian dressing
- 2 tsp cumin
- 1 tbl Worcestershire sauce

Chop onion, pepper, and garlic very fine. Place in bowl with frozen corn. Rinse and drain the beans. Add seasonings. Mix well, let chill in refrigerator for at least an hour. This also gives the corn time to thaw.

Enjoy with tortilla chips, pita chips, over lettuce, or by itself!